



Western Illinois Area Agency on Aging's

WIAAA: FirstStop For Seniors

2011 Annual Conference

i wireless Center
1201 River Drive
Moline, Illinois

September 15, 2011

Sponsors:



Co-Sponsors:



Purpose: This conference will provide a wide range of information to agencies and businesses seeking to better understand and meet the needs of older individuals.

Target audience: Senior service providers, social workers, nurses, nursing home administrators, and all others who want to increase their understanding and knowledge of aging issues.

Illinois Continuing Education Credits: *All presentations approved (5.0 hours for the day)*
Continuing education units (CEUs) for Nurses, Social Workers, and Nursing Home Administrators Physical/Occupational Therapist are provided by the University of Illinois, College of Medicine, Department of Family Medicine, in collaboration with Continuing Education Institute of Illinois. Please sign in for CEU's at the registration desk the morning of the conference. ***There will be a \$10.00 charge for all CEU's payable to CEII on the date of the conference.*** Participants must be present for all approved presentations for CEU to be awarded.

Iowa Continuing Education Units: *All presentations approved (5.0 hours for the day)*
Continuing Education credit is available through Eastern Iowa Community College District. Iowa Nursing Home Administrators, Department Heads, Residential Assistants will receive 5.0 CEH's. Iowa Social Work: Eligible for up to 5.0 hours of continuing education in Iowa. Consult your governing rules to determine if appropriate subject matter criteria will apply to credit hours. 0.5 CEU'S approved for Iowa Nurses, Iowa Board of Nursing Approved Provider No. 8, Iowa Board of Examiners for Nursing Home Administrators Approved Provider No. AP96-2. Please sign in for CE at the registration desk the morning of the conference. ***There will be a \$10.00 charge for all CEH's and CEU's payable to EICCD the date of the conference.*** Participants must be present for all approved presentations for CEH and CEU's to be awarded. Partial credits will not be awarded.

You must indicate on the registration if you are going to apply for Continuing Education Units/Credits. You must check in at the Iowa and/or Illinois CEU table at the beginning of the conference. A form will be given to you to complete about each session. This form needs to be returned to the CEU table. There is a \$10.00 fee (***payable to either ASO or EICCD***) for CEU's that you will need to turn in to the Iowa or Illinois CEU desk at the end of the conference. You will then receive your certificate.

Agenda

8:00 to 9:00 Registration, Vendor Displays, Continental Breakfast

Please look for the room you have been assigned on your name tag.

Room A

9:00 to 11:45 (Break and Vendor Displays 10:15 to 10:30)

Accentuate the Positive: Connecting with Those in Your Care

Improve organizational leadership, increase public awareness and knowledge, learn practical hands-on skills caregivers need to create meaningful relationships with those they care for throughout the lifespan and understand the benefits of incorporating music into the daily care plan as well as learn the basics of setting up a therapeutic music program.

Objectives

- Recognize behaviors that are indicative of dementia related conditions.
- Identify the efficacy of music as a non-verbal communication.
- Recognize the importance of socialization in both the home care and institutional care environment.
- Recognize the elements of the physical benefits of a daily music program.
- Differentiate between long and short term memory and how musical memory is processed in the brain.
- Demonstrate the key components in a positive physical approach when working with a person with dementia.
- Identify the benefits of music in addressing behaviors.
- Describe the elements of a successful therapeutic music program.

Steve Toll is a classically trained multi-talented musician and composer. He plays several instruments including violin, guitar, and keyboards and has a rich, soulful vocal style. Starting violin at the age of nine he studied with members of the Philadelphia Orchestra and attended the Curtis Institute of Music in Philadelphia in 1970. Currently residing in the Chapel Hill, NC region Steve is Director of his company Prescription Music which provides Therapeutic Music Performance, Professional and Family Caregiver Training and Educational Programs for children. Steve Toll is on the Speakers Board for the National Alzheimer's Association and has been a keynote speaker, trainer and presenter for agencies and companies throughout the United States.

11:45 to 12:45 Vendor Displays and Lunch
(served on the second level concourse)

1:00 – 2:15 Primer on Advance Directives: The View from the Land of Lincoln and the Hawkeye State (Or the View From Both Sides of the Mississippi)

Individuals who attend the session will learn and understand how to prepare and use medical and financial powers of attorney, living wills and other means and documents to appoint someone to make decisions in the event of incapacity or to provide instructions regarding end of life. Participants will discuss the real world implications of advance directives and the experiences of workshop participants. This is an interactive presentation that will utilize examples from the award winning ER television series to illustrate examples of how advance directives are used.

- The Principles and Laws that Apply to Decision-Making Determinations
- How to Name or Appoint Someone Else to Make Health Care Decisions For You When You Are Incapacitated
- How Other People Can Secure Authority to Make Health Care Decisions For You When You Are Incapacitated, Terminally Ill, or Both
- How to Guide or Direct End-of-Life Decisions When You Are Terminally Ill, Significantly Impaired and Unable to Communicate or Participate In Decision-Making
- Under What Circumstances Advance Directives Are Accepted, Enforced or Ignored in Illinois and Iowa
- The Human Dimension and the Value of Consultations – The Pros and Cons of Forms, Internet & Social Media, Lawyers, Providers and Family

Leonard A. Sandler is a Clinical Professor of Law for the Clinical Law Program, University of Iowa College of Law, Iowa City, Iowa. He was the Co-Director, Law, Health Policy & Disability Center, University of Iowa College of Law. He attended the University of Maryland School of Law where he received his Juris Doctor, with honors. He was a member of the 2009 Governor’s Task Force on Dependent Adults with Mental Retardation.

2:15 to 2:30 Break and Vendor Displays

2:30 to 3:45 Polypharmacy – What’s in the mix?

A MEDucation session for caregivers, nurses, and facility personnel who care for elderly individuals. If you have concerns about “mixing” multiple medications, are unsure about what questions to ask, or just the general safety of polypharmacy, this breakout session will address those issues and help you feel more comfortable in your role. In addition, it will give you some good resources to use as tools in performing your role safely.

Objectives

- Explain basic principles that govern the safety of multiple medications
- Define polypharmacy and address safety concerns with polypharmacy
- Address medication counseling of some common medications in the elderly
- Ask appropriate questions about medications

Kara M. Carruthers B.S., Pharm.D., is the Director of Clinical Services for Main at Locust Pharmacy Clinic and Medical Supplies in Davenport, Iowa. She received her Doctor of Pharmacy at the University of Iowa, Iowa City, Iowa and her Bachelor of Science in Biochemistry at Iowa State University, Ames, Iowa.

Room B

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10:15 to 10:30 Break and Vendor Displays

10:30 to 11:45 Polypharmacy – What’s in the mix?

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1:00 – 3:45 (Break and Vendor Displays 2:15 to 2:30)

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**Registration form(s) are due at the WIAAA office by
Wednesday, September 7, 2011**

Registration Fee \$40 (*includes continental breakfast and lunch*)
One registrant - \$40.00
Two registrants from the same organization - \$35.00 each
Three registrants from the same organization - \$30.00 each
(To get the discount the registrations must be mailed in together.)
Please make checks payable to Western Illinois Area Agency on Aging

Name: _____ Profession: _____

Organization/Company: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Fax: _____

Email: _____

You have a choice of rooms to attend. Each of the rooms has the same presentations just in a different order. Please choose a room if you are attending with several people so you are seated together. If you do not choose, a room will be assigned.

Please check one: Room A Room B

Do you need continuing education credits? If so, please check Iowa or Illinois or both.

Iowa Illinois

You will be responsible for paying for the continuing education units/credits at the conference.

The charges are:

Iowa \$10.00 check payable to: EICCD

Illinois \$10.00 check payable to: CEII

If you are applying for education credits, please mark your selection(s):

- | | |
|---|--|
| <input type="checkbox"/> CEU's Illinois Social Worker | <input type="checkbox"/> CEU's Illinois Nursing Home Admin. |
| <input type="checkbox"/> CEU Illinois Nurse | <input type="checkbox"/> Certificates of Attendance - <i>No Charge</i> |
| <input type="checkbox"/> CEH's Iowa Social Worker | <input type="checkbox"/> CEH's Iowa Nursing Home Admin. |
| <input type="checkbox"/> CEU's Iowa Nurse | <input type="checkbox"/> Certificates of Attendance - <i>No Charge</i> |

Will you be joining us for lunch? Yes No
 Turkey club Vegetarian entree

Where did you hear about the conference?

direct mailing newspaper ad flyer colleague

Mail completed registration form and payment to:
Western Illinois Area Agency on Aging

WIAAA: FirstStop For Seniors
729 - 34th Avenue, Rock Island, IL 61201
(309) 793-6800; (800) 322-1051; Fax (309) 793-6807

Please return by September 7, 2011



Western Illinois
Area Agency on Aging

WIAAA: FirstStop For Seniors
729 - 34th Avenue
Rock Island, IL 61201-5950

Funded under Title III of the Older Americans Act and the Illinois Department on Aging.

The Western Illinois Area Agency on Aging does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the U.S. Civil Rights Act; Section 504 of the Rehabilitation Act; and the U.S. and Illinois Constitution. If you have been discriminated against, you have the right to file a complaint with the Illinois Department on Aging, for information call 1-800-252-8966 (Voice & TDD), or contact the Program Services Manager at Western Illinois Area Agency on Aging, at 1-800-322-1051.

For additional information on services provided in our service area please visit our website at www.wiaaa.org